


SUN	MON	TUE	WED	THU	FRI
	1 2023 Vision boards at 1:00pm	2 Happily Hungry at 3:30 pm	3 Art with Dave at 4:30pm Therapy Dogs at 7:00 pm	4 Kindness Club at 3:30pm	5 Hole in the Wall Gang at 3:00pm
7 Pursuit for Peace at 2:00pm	8 Hot Chocolate with Debra at 2:30pm  Therapy Dogs at 4:00 pm	9 Author Series at 3:30pm Virtual Tabata at 5:00pm Bingo at 7:00pm	10 American university field trip at 10am Art with Dave at 4:30pm Yoga at 5:00pm	11 ExperimentInn at 3:30pm Virtual Tabata at 5:00pm	12 Lunch Bunch at 2:00pm Hole in the Wall Gang at 3:00pm
14 Project sunshine at 3pm	15 Hot Chocolate with Debra at 2:30pm Happily Hungry at 3:30 pm	16 Virtual Tabata at 5:00pm Capital hockey Game field trip at 7:00pm	17 Golf at 3:30pm Art with Dave at 4:30pm Yoga at 5:00pm	18 Frozen Field Trip at 1:30pm Therapy Dogs 4:30 pm Virtual Tabata at 5:00pm	19 Hole in the Wall Gang at 3:00pm
21	22 Fairy Hair with Debbie at 2:00pm Hot chocolate with Debra at 2:30pm Music with Julia at 4:00 pm Art Therapy at 6:00pm	23 International Market Field Trip at 11:00 am Virtual Tabata at 5:00pm Bingo at 7:00pm	24 Visarts 1pm-3pm Art with Dave at 4:30pm Yoga at 5:00pm	25 ExperimentInn at 3:30pm Virtual Tabata at 5:00pm AYA Advisory Council 7:00p.m	26 Hole in the Wall Gang at 3:00pm
28 Project sunshine at 3pm Therapy Dogs at 4:00 pm	29 Fairy Hair with Debbie at 2:00pm Hot chocolate with Debra at 2:30pm Lunch Bunch at 3:00pm	30 AYA Mixer at 4:00pm Virtual Tabata at 5:00pm	31 Art with Dave at 4:30pm Yoga at 5:00pm		

JANUARY

2024



The Children's Inn at NIH

FOR WEEKLY ZOOM PROGRAMS, PLEASE SEE THE WEEKLY FLYER FOR THAT WEEK ON HOW TO ACCESS THE SESSION. PROGRAMMING BAGS WITH NECESSARY MATERIALS WILL BE PROVIDED

GROCERY ORDERS: PLEASE SEE A RESIDENT SERVICES MANAGER FOR SPECIFIC INFORMATION ABOUT ORDERING GROCERIES OR OTHER ITEMS FOR DELIVERY TO THE INN

MEALS: PLEASE DOWNLOAD THE RELISH APP TO ORDER LUNCH EACH WEEK. SPEAK WITH THE FAMILY PROGRAMMING OR RESIDENT SERVICES TEAMS IF YOU HAVE ANY QUESTIONS. LUNCH IS PROVIDED MONDAY-THURSDAY AND DINNER IS PROVIDED SUNDAY-THURSDAY.

Color Codes

Family Meals

Morning Activity

Afternoon Activity

Evening Activity

Young Adult (YA) Activity

Inn Trip

(V) = Vlrtual

(IN) = In-Person