

SUN

MON

TUE

WED

THU

FRI

NOVEMBER

2023



The Children's Inn at NIH

SUN	MON	TUE	WED	THU	FRI
			1 Golf at 3:30pm Art with Dave at 4:30pm Therapy Dogs 7:00 pm	2 Project Knitwell at 3:00 pm	3 Hole in the Wall Gang at 3:00pm
5 Family Dinner 5:30pm	6 Activities with Debra at 2:30pm Happily hungry at 3:30pm Art Therapy at 6:00 pm	7 Soccer at 4:30pm Tabata at 5:00pm Dance Inn Social 6:30pm	8 Author Series at 3:30pm Yoga at 5:00 pm	9 AYA Escape room field trip Tabata at 5:00pm	10 Hole in the Wall Gang at 3:00pm
12 Family Dinner 5:30pm	13 Activities with Debra at 2:30pm Happily hungry at 3:30pm Therapy Dogs at 4:00 pm Art Therapy at 6:00 pm	14 Soccer at 4:30pm Tabata at 5:00pm Bingo at 7:00pm	15 Only Make believe at 3:30pm Art with Dave at 4:30pm Yoga at 5:00 pm	16 Golf at 3:30pm Tabata at 5:00pm Project Knitwell at 3:00 pm	17 Hole in the Wall Gang at 3:00pm
19 Family Dinner 5:30pm	20 Activities with Debra at 2:30pm Music Class with Julia TBD Art Therapy at 6:00 pm	21 Soccer at 4:30pm Tabata at 5:00pm Dance Inn Social 6:30pm	22 Thanksgiving Party at 3:30pm Art with Dave at 4:30pm Caregiver Yoga at 5:00 pm	23 Therapy Dogs at 3:30 pm Tabata at 5:00pm THANKSGIVING	24 Turkey Trot with Kalli at 1:00 pm Hole in the Wall Gang at 3:00pm
26 Therapy Dogs 4:00 pm Family Dinner 5:30pm	27 Activities with Debra at 2:30pm Art Therapy at 6:00 pm	28 Soccer at 4:30pm Tabata at 5:00pm Bingo at 7:00pm	29 Art with Dave at 4:30pm	30 Project Knitwell at 3:00	

FOR WEEKLY ZOOM PROGRAMS, PLEASE SEE THE WEEKLY FLYER FOR THAT WEEK ON HOW TO ACCESS THE SESSION. PROGRAMMING BAGS WITH NECESSARY MATERIALS WILL BE PROVIDED

GROCERY ORDERS: PLEASE SEE A RESIDENT SERVICES MANAGER FOR SPECIFIC INFORMATION ABOUT ORDERING GROCERIES OR OTHER ITEMS FOR DELIVERY TO THE INN

MEALS: PLEASE DOWNLOAD THE RELISH APP TO ORDER LUNCH EACH WEEK. SPEAK WITH THE FAMILY PROGRAMMING OR RESIDENT SERVICES TEAMS IF YOU HAVE ANY QUESTIONS. LUNCH IS PROVIDED MONDAY-THURSDAY AND DINNER IS PROVIDED SUNDAY-THURSDAY.

Color Codes

Family Meals (V) = Virtual
 Morning Activity (IN) = In-
 Afternoon Activity Person
 Evening Activity
 Young Adult (YA) Activity
 Inn Trip