

SUN

MON

TUE


WED

THU

FRI

SEPTEMBER

2023



					1 Hole in the Wall Gang at 3:00pm Book Club at 4:30pm
3 Family Dinner 5:30pm	4 Happily Hungry at 3:30pm	5 Brookside Gardens at 9am Soccer at 4:30pm Virtual Tabata at 5:00pm Dance Inn Social 6:30pm	6 A Moment of Magic 1:30 DC United 2:30-4pm Art with Dave at 4:30pm Virtual Yoga at 5:00 pm Adult English Class at 6:00pm ExperimentInn at 6:00pm	7 AYA Art with Dave at 3:30pm Caregiver HH TBD Friendship Activity 4:30pm Virtual Tabata at 5:00pm	8 Hole in the Wall Gang at 3:00pm
10 Family Dinner 5:30pm Back 2 School Kickoff Week Sept 11-15	11 B2S Orientation at 2:00pm Activities with Debra Scavenger Hunt at 2:30pm B2S Happily Hungry at 3:30pm Therapy Dogs at 4:00 pm Caregiver Career Day at 4:30	12 B2S Kindness Class at 2:00pm Nats Screech Visit 4:00pm Virtual Tabata at 5:00pm B2S AYA Trivia and Activity 6:00pm BINGO at 7:00 pm	13 Natural History Museum at 11:00am Art with Dave at 4:30pm B2S Summer Concert 5:00pm-7:00pm	14 Golf at 3:30 Caregiver Career Day at 3:30pm (Inmaculada) Virtual Tabata at 5:00pm B2S Time Capsule at 5:00pm B2s Family Movie Night at 6:00pm	15 Hole in the Wall Gang at 3:00pm B2S Dance Bash 4:00pm
17 Family Dinner 5:30pm	18 Apple Picking at 10:00am Activities with Debra at 2:30pm	19 Caregiver Cafe S3 at 3:30pm Nats Park field trip at 6pm Soccer at 4:30pm Virtual Tabata at 5:00pm Dance Inn Social 6:30pm	20 Only Make Believe at 3:30pm Art with Dave at 4:30pm Virtual Yoga at 5:00 pm ExperimentInn at 6:00pm Adult English Class at 6:00pm	21 Zoo Trip 9am Project Knitwell at 3:00 pm AYA Art with Dave at 3:30pm Virtual Tabata at 5:00pm	22 Hole in the Wall Gang at 3:00pm
24 Therapy Dogs at 4:00 pm Family Dinner 5:30pm	25 Sailing with Aram at 8am Activities with Debra at 2:30pm Volleyball at 4:30pm Haircuts with Ofer at 4:00 pm	26 Soccer at 4:30pm Virtual Tabata at 5:00pm BINGO at 7:00 pm	27 Circle of Hope 2:45 Art with Dave at 4:30pm Virtual Yoga at 5:00 pm Adult English Class at 6:00pm	28 AYA Art with Dave at 3:30pm Virtual Tabata at 5:00pm	29

FOR WEEKLY ZOOM PROGRAMS, PLEASE SEE THE WEEKLY FLYER FOR THAT WEEK ON HOW TO ACCESS THE SESSION. PROGRAMMING BAGS WITH NECESSARY MATERIALS WILL BE PROVIDED

GROCERY ORDERS: PLEASE SEE A RESIDENT SERVICES MANAGER FOR SPECIFIC INFORMATION ABOUT ORDERING GROCERIES OR OTHER ITEMS FOR DELIVERY TO THE INN

MEALS: PLEASE DOWNLOAD THE RELISH APP TO ORDER LUNCH EACH WEEK. SPEAK WITH THE FAMILY PROGRAMMING OR RESIDENT SERVICES TEAMS IF YOU HAVE ANY QUESTIONS. LUNCH IS PROVIDED MONDAY-THURSDAY AND DINNER IS PROVIDED SUNDAY-THURSDAY.

Color Codes

Family Meals (V) = Virtual
 Morning Activity (IN) = In-Person
 Afternoon Activity
 Evening Activity
 Young Adult (YA) Activity
 Inn Trip