

SUN

MON

TUE

WED

THU

FRI

OCTOBER

2021



The Children's Inn at NIH

SUN	MON	TUE	WED	THU	FRI
					1 Family Lunch 12:00pm Family Dinner 6:00pm
3 Family Dinner 6:00pm	4 Family Lunch 12:00pm Happily Hungry 3:30pm Reading with Zilly sign-up at 2 or 2:30pm (IN) Walking Club @ 6:30pm Family Dinner 6:00pm	5 Bike Club at 3:30 Family Lunch 12:00pm Book Club at 4:30pm Tabata at 5:00 pm BINGO 7:00pm (v) Family Dinner 6:00pm	6 Family Lunch 12:00pm Field Day at 4:30pm Yoga at 5:00 pm Family Dinner 6:00pm	7 Family Lunch 12:00pm Open play room 3:30pm Tabata at 5:00 pm Family Dinner 6:00pm	8 Family Lunch 12:00pm Family Dinner 6:00pm
10 Family Dinner 6:00pm	11 Family Lunch 12:00pm Reading with Zilly sign-up at 2 or 2:30pm (IN) VisArts 4:30 pm Walking club @6:30pm Family Dinner 6:00pm	12 Family Lunch 12:00pm Book Club at 4:30pm Tabata at 5:00 pm Family Dinner 6:00pm	13 Pumpkin Picking 9:00am Family Lunch 12:00pm Yoga at 5:00 pm Family Dinner 6:00pm	14 Family Lunch 12:00pm Open play room at 3:30pm Tabata at 5:00 pm Family Dinner 6:00pm	15 Family Lunch 12:00pm Family Dinner 6:00pm
17 Family Dinner 6:00pm	18 Family Lunch 12:00pm Happily Hungry 3:30pm Reading with Zilly sign-up at 2 or 2:30pm (IN) Walking Club at 6:30pm Family Dinner 6:00pm	19 Bike Club at 3:30 Family Lunch 12:00pm Book Club at 4:30pm Tabata at 5:00 pm BINGO 7:00pm (v) Family Dinner 6:00pm	20 Family Lunch 12:00pm Movie Trip at 2:00pm Yoga at 5:00 pm Family Dinner 6:00pm	21 Family Lunch 12:00pm Tabata at 5:00 pm Muse art 3:30pm Family Dinner 6:00pm	22 Family Lunch 12:00pm Family Dinner 6:00pm
24 Family Dinner 6:00pm	25 Family Lunch 12:00pm Reading with Zilly sign-up at 2 or 2:30pm (IN) Halloween Themed Game Hour 3:30pm Walking Club at 6:30pm Family Dinner 6:00pm	26 Family Lunch 12:00pm Book Club at 4:30pm Tabata at 5:00 pm Family Dinner 6:00pm	27 Circle of Hope Trip Family Lunch 12:00pm Yoga at 5:00 pm Family Dinner 6:00pm	28 Family Lunch 12:00pm Pumpkin Decorating 4:00pm Tabata at 5:00 pm Family Dinner 6:00pm	29 Family Lunch 12:00pm Family Dinner 6:00pm

FOR WEEKLY ZOOM PROGRAMS, PLEASE SEE THE WEEKLY FLYER FOR THAT WEEK ON HOW TO ACCESS THE SESSION. PROGRAMMING BAGS WITH NECESSARY MATERIALS WILL BE PROVIDED

GROCERY ORDERS: PLEASE SEE A RESIDENT SERVICES MANAGER FOR SPECIFIC INFORMATION ABOUT ORDERING GROCERIES OR OTHER ITEMS FOR DELIVERY TO THE INN

FOR LUNCH AND DINNER, PLEASE FILL OUT THE SURVEY FOUND AT CHILDRENSINN.ORG/MEALS BY THURSDAY AT 5PM FOR MEALS THE NEXT WEEK. PLEASE SEE A FAMILY PROGRAMMING STAFF MEMBER IF YOU HAVE ANY QUESTIONS.

Color Codes

Family Meals
Morning Activity
Afternoon Activity
Evening Activity
Young Adult (YA) Activity
Inn Trip

(v) = Virtual
(IN) = In-Person