



# October



Sunday	Monday	Tuesday	Wednesday	Thursday
<b>1</b> Family Brunch 11:00 PM Family Dinner 6:00 PM	<b>2</b> Study4Fun 3:30 PM CookINN Together 4:30 PM Family Dinner 6:00 PM Project Sunshine 7:00 PM	<b>3</b> Loudoun Therapy Riding at Morven Park 3:30 PM Caregiver Gathering 4:30 PM Art & Collage 7:00 PM	<b>4</b> Study4Fun 3:30 PM Ledo Pizza 4:45 PM Dog Visit 7:00 PM	<b>5</b> Open Playroom 3:30 PM Art Activity with NCI 4:30 PM YANO* 5:00 PM Family Dinner 6:00 PM NIH Movie Trip 6:00 PM
<b>8</b> Holiday Weekend No Family Dinner	<b>9</b> Columbus Day Holiday Family Dinner 6:00 PM Dog Visit 7:00 PM	<b>10</b> Open Playroom 3:30 PM Snack & Discover 4:30 PM Caregiver Gathering 4:30 PM Family Dinner 6:00 PM BINGO 7:00 PM	<b>11</b> Study4Fun 3:30 PM Only Make Believe 4:30 PM Family Dinner 6:00 PM Teen Night 7:00 PM	<b>12</b> Open Playroom 3:30 PM ExploreINN 4:30 PM
<b>15</b> Family Dinner 6:00 PM Family Game Night 7:00 PM	<b>16</b> D.C. Monuments Trip 3:30 PM Family Dinner 6:00 PM NIH Movie Trip 6:00 PM Theatre Lab 7:00 PM	<b>17</b> Open Playroom 3:30 PM Snack & Discover 4:30 PM Caregiver Gathering 4:30 PM Family Dinner 6:00 PM Magic Show 7:00 PM	<b>18</b> Study4Fun 3:30 PM Fall Festival 4:30 PM Family Dinner 6:00 PM Mindfulness 7:00 PM	<b>19</b> Open Playroom 3:30 PM Dog Visit 4:30 PM YANO* 5:00 PM
<b>22</b> Family Dinner 6:00 PM Dog Visit 7:00 PM	<b>23</b> Coffee with a Cop 7:30 AM VisArts Trip 3:30 PM Family Dinner 6:00 PM	<b>24</b> Circle of Hope Horseback Riding Trip 3:30 PM Caregiver Gathering 4:30 PM Family Dinner 6:00 PM Fire Pit Social 7:00 PM	<b>25</b> Study4Fun 3:30 PM Only Make Believe 4:30 PM Family Dinner 6:00 PM BINGO 7:00 PM	<b>26</b> Open Playroom 3:30 PM ExploreINN 4:30 PM NIH Halloween 5:30 PM Family Dinner 6:00 PM
<b>29</b> Family Dinner w/Musical Performance 6:00 PM Motorcycle Show 7:00 PM	<b>30</b> AdventureINN Trip to Pumpkin Patch 3:30 PM Family Dinner 6:00 PM Kid's Euro Fest - Lithuanian Dance Group 7:00 PM	<b>31</b> D.C. Trick-or-Treating 1:00 PM Costumes 3:30 PM Trick-or-Treating 4:00 PM Family Dinner 6:00 PM Performance by NIH Philharmonia Halloween Party 7:00 PM		<b>Color Codes:</b> Inn Trips Off Campus Drop-off Activity Afternoon Activity Caregiver or Young Adult Activity Family Meal Evening Activity NIH Activities & Trips

## What else can I do at The Children's Inn?

- Zilly
  - Stop by the front desk to play with Zilly, the Therapy Dog!
- Homework Help
  - Visit the Learning Center Monday and Wednesday from 3:30pm to 4:30pm for tutoring, or make an appointment with Javin, Education Program Coordinator
- Grocery Runs
  - Monday trip to Giant at 6:30pm
  - Tuesday & Thursday trips to Shoppers at 6:30pm
- Exercise Class
  - Tuesday, Wednesday, and Thursday 4:45pm to 5:45pm in the Multipurpose Room
- DC Attractions
  - Check out the book, "Going Places with Children in DC" for ideas and directions to local attractions
  - Ask a Resident Services Manager about our free passes to the Spy Museum & Madame Tussaud's Wax Museum
- For NIH Trips, please call 301-496-2233 to reserve a seat!

- \*YANO is the "Young Adult Night Out" for patients ages 18 and older.
- \*\*There are generally **no activities planned for Friday and Saturday**. Please check with the Resident Services Manager for any special events planned for these days.\*\*
- For activity details and locations, please check the Week-At-A-Glance blackboard in the lobby
- Field trips are subject to participation and weather. Trips may be cancelled due to low participation or inclement weather.