



September

Sunday	Monday	Tuesday	Wednesday	Thursday
3 Holiday weekend No Family Dinner	4 Happy Labor Day! Family Dinner 6:00 pm	5 Open Playroom 3:30 pm Snack & Discover 4:30 pm Caregiver Gathering 4:30 pm Young Adult Night Out 5:00 pm Art & Collage 7:00 pm	6 Study4Fun 3:30 pm Only Make Believe 4:30 pm Family Dinner 6:00 pm NIH Shopping Trip 6:00 pm Dog Visit 7:00 pm	7 Open Playroom 3:30 pm Kid's Art Activity 4:30 pm Family Dinner 6:00 pm
10 Family Brunch 11:00 am Family Dinner 6:00 pm Family Game Night 7:00 pm	11 Study4Fun 3:30 pm Happily Hungry Cooking 4:30 pm Family Dinner 6:00 pm Dog Visit 7:00 pm	12 Nationals Baseball Game 3:30 pm	13 Study4Fun 3:30 pm Knitting Circle 4:30 pm Family Dinner 6:00 pm BINGO 7:00 pm	14 Sailing Trip 9:00 am Open Playroom 3:30 pm Science Activity 4:30 pm Family Dinner 6:00 pm
17 Family Dinner 6:00 pm	18 Study4Fun 3:30 pm Mindfulness 4:30 pm Family Dinner 6:00 pm NIH Movie Trip 6:00 pm Field Day 7:00 pm	19 VisArts Trip 3:30 Family Dinner 6:00 pm Performance by NIH Philharmonia NASA Exploration 7:00 pm	20 Study4Fun 3:30 pm Only Make Believe 4:30 pm Bowling Trip 5:30 pm	21 Open Playroom 3:30 pm Dog Visit 4:30 pm Young Adult Night Out 5:00 pm NIH Special Event: All Sports Party 5:30 pm Family Dinner 6:30 pm
24 Family Brunch 11:00 am Family Dinner 6:00 pm Dog Visit 7:00 pm	25 D.C. Monuments Trip 3:30 pm Family Dinner 6:00 pm Theatre Lab 7:00 pm	26 Circle of Hope Horseback Riding Trip 3:30 pm Family Dinner 6:00 pm Sip & Paint 7:00 pm	27 Study4Fun 3:30 pm Bubble Ball 4:30 pm Young Adult Program 5:00 pm BINGO 7:00 pm	28 Open Playroom 3:30 pm Science Activity 4:30 pm Family Dinner 6:00 pm NIH Shopping Trip 6:00 pm
<p><u>Color Codes:</u></p> <ul style="list-style-type: none"> Inn Trips Drop-off Activity Afternoon Activity Caregiver or Young Adult Activity Family Meal Evening Activity NIH Activities & Trips 				

What else can I do at The Children's Inn?

- **Zilly**
Stop by the front desk to play with Zilly the Therapy Dog!
- **Spiritual Support**
Chaplain is available at The Inn to provide support on Sundays and Wednesdays from 5:00 pm to 8:00 pm
- **Homework Help**
Visit the Learning Center Monday and Wednesday from 3:30 pm to 4:30 pm for tutoring, or make an appointment with Javin, Education Program Coordinator
- **Grocery Runs**
 - Monday trip to Giant at 6:30 pm
 - Tuesday and Thursday trip to Shoppers at 6:30 pm
 - Saturday trip to Wheaton Plaza, Target, and Giant at 12:00 pm
- **Exercise Class**
 - Tuesday, Wednesday, and Thursday 4:45 pm to 5:45 pm in the Multipurpose Room.
- **DC Attractions**
 - Check out the book "Going Places with Children in DC" for ideas and directions to local attractions
 - Ask a Resident Services Manager about our free passes to the Spy Museum and Madame Tussauds Wax Museum
- **For NIH Trips please call 301-496-2233 to reserve a seat!**

- For activity details and location – please check the **Week-at-a-Glance** posted at the activity table
- Field Trips are subject to participation and weather. Trips may be cancelled due to low participation or inclement weather.